



KIMBERLY CONYERS

Labor • Birth and Postpartum Doula

Hello, my name is Kimberly Conyers. I'm a mother of two beautiful girls. I am a labor, birth, and postpartum doula. As a birth worker, I am encouraged because my ancestors paved the path for me. This is what I'm passionate about. I'm here to serve, educate, and support my clients emotionally, mentally, and physically. My journey is to be the best birth worker whose vibrations touch somebody. My mission is to help my community and women, mothers, and families to know that they are not alone.



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New York City Area

WORK EXPERIENCE & TRAININGS

LABOR • BIRTH DOULA, POSTPARTUM DOULA

2021-Present

- To provide labor and birth support
- To provide multiple layers of support: emotionally, mentally, physically, and physiologically.
- Helping families identify community
- Breastfeeding/Lactation support
- Postpartum support
- Mental and Emotional Wellness

TRAINING

Education

- Sista Midwife Productions - Doula Training (2021)

FEATURES/AWARDS/FUN FACTS

I've always had a passion for working with children. Growing up I wanted to be a Pediatric Nurse. So the jobs I worked always involved me working with children. I worked as a camp counselor, an after-school teacher, and a Sunday school teacher assistant. As I journeyed through my career as a school safety agent, I knew there was a calling on my life as a light worker. So I started looking into midwifery school, but then COVID happened and I was disappointed. I came upon a YouTube video and the title was "Working as a Doula." So I did my research and was excited to know that my journey to be a light worker was not lost. I applied and received a scholarship to train with Sista Midwife Productions. Which taught me so much about being a light worker.

I love to have fun and laugh. My favorite saying is "Smile it's the law." I have a love for crocheting and making things. Oh, and my family gets sick of me. But I'm always turning words into a song. Lol. Singing is good for the soul. I'm firm on It takes a Village to raise a child.



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