



JOY CUMMINGS

Labor + Birth and Postpartum Doula

Hello, My name is Joy and I am a labor, birth, and postpartum Doula. My goal in joining The Arch is simply because of its mission. Part of the reason I am pursuing doula as a career is to be a pillar in my community, giving support and education to our birthing women and their families.



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New York City Area

WORK EXPERIENCE & TRAININGS

LABOR + BIRTH DOULA, POSTPARTUM DOULA

2022-Present

- In training (11/2022)
- To provide multiple layers of support; emotionally, mentally, physically, and physiologically.
- Blending cultural & ancestral knowledge with evidence-based care
- Helping families identify community
- Breastfeeding/lactation support

TRAINING

Education

- Maternitywise International Labor + Birth Doula and Postpartum Doula (2022)

FEATURES/AWARDS/FUN FACTS

I am a medical assistant. Soon-to-be certified medical assistant!



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