



# EMMA IVY

**Labor, Birth and Postpartum Doula, Nanny**

Hello, my name is Emma. Emma is originally from Portland, ME, and is new to the NYC doula community. She has experience with birth photography and work as a postpartum doula. She believes that birth should be treated like a natural psychological process and that all birthing people deserve caring companionship throughout the entire birthing process. Pronouns are she/ her.



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New York City Area

## WORK EXPERIENCE & TRAININGS

### LABOR + BIRTH DOULA, POSTPARTUM DOULA

2022-Present

- Supported + births and postpartum clients
- To provide labor and birth support
- To provide multiple layers of support, emotionally, mentally, physically, and physiologically
- Support for feeding options (breastfeeding or bottle feeding)
- Breastfeeding/Lactation Support
- Mental and Emotional Wellness

### TRAINING

Education

- New York University in 2023 with a B.A. in Peace Studies + Reproductive Justice
- New Beginnings Doula Training (2022-2023)

## FEATURES/AWARDS/FUN FACTS

Outside of doula work, she is a nanny to a 2 year old, an artist, and a birth Justice advocate. She graduated from New York University in 2023 with a B.A. in Peace Studies + Reproductive Justice. Some fun facts: she used to live on a fishing pier, loves seafood, and is an intern at Sésé Birthing Freedom based in the Bronx!



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