



AZURI JENKINS

Labor + Birth and Postpartum Doula

Hello, My name is Azuri I am a full spectrum doula, mother, yogi, and reiki practitioner. I became interested in birthwork prior to having my child in 2021. I love all things birth /babies, caring for others, and offering genuine support to my community. I have always been fascinated by reproductive health and found it extraordinary that women were bringing humans into the world. I provide thoughtful support and personalized education throughout the full spectrum of pregnancy, birth, and parenthood.



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New York City Area

WORK EXPERIENCE & TRAININGS

LABOR + BIRTH DOULA, POSTPARTUM DOULA

2020-Present

- Supported 5+ births, and 5+ postpartum families
- To provide multiple layers of support, emotionally, mentally, physically, and physiologically, and
- Helping families identify community
- Breastfeeding/ Lactation Support
- Postpartum, Support
- Mental and Emotional Wellness

TRAINING

Education

- Purchase College–Liberal Arts 2013
- Hunter College–Sociology and Dance Bachelor Degree 2017
- Registered 200hr Hatha/Vinyasa Yoga Teacher 2015
- Resisted Prenatal/Postnatal Yoga Teacher 2018
- Registered 200 hr Meridian Yoga Therapy 2019
- Reiki Level II Attuned 2018
- Certified Full Spectrum Labor and Postpartum Doula 2020 (Ancient Song Doula Services)
- DONA International Birth Doula Training Led By Amadoma Bediako 2020
- Currently Certifying to be a CLC and Placenta Encapsulation Specialist

FEATURES/AWARDS/FUN FACTS

My approach to birth work is through a holistic lens. I believe that there is a place for both modern medicine and ancestral practices to exist when it comes to birth, birthing people, and their postpartum experience. I am passionate about holistic care, empowered birthing, and conscious living. My hope is to provide compassionate care rooted in honoring the whole person. When I am not attending births or supporting new families I am spending time with my son, creating crafts/ remedies, exploring nature, and practicing yoga I am certified in over 400 hours of yoga and acupressure massage. As well as attuned in reiki level II. I look forward to having the opportunity to support you!



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