



DEBBIE ST. ROSE

Labor + Birth and Postpartum Doula

Hello, my name is Debbie. I'm a mother of three. I am a labor, birth Doula. As a birth worker, I am encouraged because my ancestors paved the path for me. This is what I'm passionate about. I have years of experience in the medical field as a medical assistant. And I love to help people. I will share all my knowledge and experience and prepare you for your newborn and baby needs. I will always be your advocate.



support@thearchapp.com



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New York City Area

WORK EXPERIENCE & TRAININGS

LABOR + BIRTH DOULA, POSTPARTUM DOULA

2022-Present

- To provide labor and birth support
- To provide multiple layers of support emotionally, mentally, physically, and physiologically, and
- Helping families identify community
- Breastfeeding Lactation Support
- Mental and Emotional Wellness

TRAINING

Education

- Doula Training (2022)
- Wagner College (2018)

FEATURES/AWARDS/FUN FACTS

As your Doula, I will help instill confidence and trust with your care system. I will help you stay strong and calm during and after birth. I will get to know you and your partner and together we will figure out your birth plan. Even if it is just the birth person alone. You will never feel alone. I will be with you every step of the way. My role is to help you have a satisfying birth as you define it.



EHS

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