

Community Hypertension Program

The Community Hypertension program educates participants on the risk of high blood pressure. Our program offers support by encouraging lifestyle changes, self-blood pressure monitoring and connecting participants to providers for follow up care.

Program Details

- One on One educational sessions
- Nutritional counseling and stress management techniques
- Daily blood pressure tracking encouraged
- Support resources
- Take control of your health and join us in building a healthier community

If interested please contact the Population Health Team at (718) 869 - 7293 or scan the QR code.

