

MONICA S. LOVE

Certified Labor, Birth and Postpartum Doula

Hi! My name is Monica. My role is to accompany women in labor to help ensure a safe and satisfying birth experience. I will draw upon my knowledge and experience to provide emotional support, physical comfort and the information you need to make informed decisions as they arise in labor. I can provide reassurance and perspective to you and your partner, make suggestions for labor progress, and help with relaxation, massage, positioning and other techniques for comfort. I will support you to my fullest in facilitating the kind of birth you have envisioned for yourself and your family. As your doula, I am working for you, not your caregiver or hospital/birth center. I am a very vibrant, fun, high spirited experienced professional Birth and Postpartum doula with 20 + years experience.



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New York City Area

Experience Work

LABOR + BIRTH DOULA, POSTARTUM DOULA

2022/PRESENT

- Supported 20+ Labor, Birth and Postpartum clients
- Created birthing plans with clients assistants
- provide postpartum care support for the family, assistant with breastfeeding and light housekeeping, errands
- On clients request, advocate for clients
- Help women get through all stages of labor
- unlimited communication throughout
- Lactation/Feeding Support
- Baby Care Guidance
- Sleep and Self Care
- Support Your Recovery

Training

EDUCATION

- Ashworth College; Pursuing Bachelor's Degree in Business Administration (Expected: 2025)
- Cornell University College
- Kingsborough Community College
- Far Rockaway High School; Queens, NY
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- PROFESSIONAL TRAINING
- National Council for Mental Wellbeing; Mental Health and First Aid Certificate (2023)
- Cornell University; Women in Leadership Certificate (2023)
- Brooklyn Prenatal Certified Postpartum Doula and Certified Postpartum Bereavement Support Advocate (2023)
- Doula Trainings International (DTI); Full-Spectrum Doula Certificate (2023)
- DONA International; Birth Doula Certificate(2024)
- Kingsborough Community College; Maternal Health Certificate (2024)
- First Aid / CPR/ AED Certified

About Me/Fun Facts

I am a very vibrant, fun, high spirited experienced professional Birth and Postpartum doula with 20 + years Experience. I am very reliable, passionate, patient and well disciplined. A proactive problem solver and decision maker with strengths in creating a safety-conscious environment. excellent communication and interpersonal skills.

I am an International Doula that loves to travel and loves animals, I am well grounded and prefer to deal with things in a logical and sensible manner, and I do so, with love!