

# Meet Our Provider



## Melissa Bistricher, MS, RDN, CDN Nutrition

### Biography

Melissa Bistricher is known for her passion for teaching patients about managing their health through diet and lifestyle changes. She received her RDN, CDN and MS in Integrative Nutrition Therapy from Stony Brook University School of Medicine. She completed her Dietetic Internship at Stony Brook University School of Medicine and holds a Certificate of Training in Obesity for Pediatrics & Adults (CDR).

### Areas of Focus

- Cardiovascular Health & Hypertension
- Diabetes
- Healthy Eating on a Budget
- Meal Planning and Preparation
- Medical Nutrition Therapy
- Nutrition Therapy
- Obesity and Weight Management
- Women's Health including Prenatal, High-Risk Pregnancies and Peri-Postmenopausal Nutrition

### Languages

English

### Locations:



📍 105-38 Rockaway Beach Blvd.  
2<sup>nd</sup> Floor  
Rockaway Park, NY 11691  
☎ 718-EHS-DOCS (347-3627)

📍 19-09 Plainview Avenue  
2<sup>nd</sup> Floor  
Far Rockaway, NY 11691  
☎ 718-EHS-DOCS (347-3627)

📍 495 Beach 20<sup>th</sup> Street  
Far Rockaway, NY 11691  
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