

Meet Our Provider



Melissa Bistricher, MS, RDN, CDN Nutrition

Biography

Melissa Bistricher is known for her passion for teaching patients about managing their health through diet and lifestyle changes. She received her RDN, CDN and MS in Integrative Nutrition Therapy from Stony Brook University School of Medicine. She completed her Dietetic Internship at Stony Brook University School of Medicine and holds a Certificate of Training in Obesity for Pediatrics & Adults (CDR).

Areas of Focus

- Cardiovascular Health & Hypertension
- Diabetes
- Healthy Eating on a Budget
- Meal Planning and Preparation
- Medical Nutrition Therapy
- Nutrition Therapy
- Obesity and Weight Management
- Women's Health including Prenatal, High-Risk Pregnancies and Peri-Postmenopausal Nutrition

Languages

English



Locations:

📍 105-38 Rockaway Beach Blvd.
2nd Floor
Rockaway Park, NY 11691
☎ 718-318-3434

📍 19-09 Plainview Avenue
2nd Floor
Far Rockaway, NY 11691
☎ 718-869-7690

📍 495 Beach 20th Street
Far Rockaway, NY 11691
☎ 347-619-5950