



Episcopal Health Services

327 Beach 19th Street Far Rockaway, New York 11691

www.ehs.org/labordelivery







## Labor, Delivery, Recovery, Postpartum-All in One Suite

At Episcopal Health Services (EHS), mothers-to-be can now experience unparalleled comfort, safety, and expert pregnancy and birth care - all in a single, luxurious space. Our new **Labor and Delivery Suite** offers private rooms with stunning views, family-centered care and support at every stage of your journey—from bump to baby.

# **State-of-the-Art Design and Technology**

### The Labor and Delivery Suite reflects a new era of personalized care:

- Six private suites featuring sweeping oceanfront views and natural light to create a calm, uplifting environment
- Private spa-style bathrooms and serene showers for a soothing labor
- Wireless Novii™ monitoring, so you can move freely—walk, sway, or shower during labor
- Gourmet meals to nourish you during your stay
- · Rooming-in accommodations so your partner and baby never leave your side
- Operating rooms with disinfectant UV lighting to reduce the risk of surgical site infections

### **Care That Surrounds You Every Step of the Way**

At Episcopal Health Services, our multidisciplinary team not only delivers babies, but also peace of mind. From your first prenatal visit to postpartum care, our team provides expert and compassionate support throughout your journey.

#### **Our Services Include:**

- Maternity Concierge Program Personalized guidance throughout your pregnancy journey
- Convenient Prenatal Care Multiple office locations across the Rockaway Peninsula
- Genetic Counseling and High-Risk Pregnancy Support Expert evaluation and care coordination
- Doula Services Emotional, physical, and informational support during childbirth
- Centering Pregnancy A shared prenatal experience with peer support
- Childbirth Education Classes Available in-person or virtually for growing families
- Lactation Support Personalized help before and after baby arrives
- Outpatient Specialty Pediatric and Neonatal Care NICU and pediatric experts ready for even the most delicate needs

### Family-Centered. Individualized. Expert Care.

### You will be supported by:

- Board-certified obstetricians and maternal-fetal medicine specialists
- Highly trained labor and delivery, postpartum nurses, and a lactation consultant
- A dedicated team that respects your birth plan and personal preferences
- Culturally humble care and access to maternal mental health and social support resources

We blend clinical excellence with heartfelt compassion—because every family deserves a beautiful beginning.

### **Deliver With Confidence at EHS**



EHS is the Rockaway Peninsula's premier hospital system, offering comprehensive maternity care. As a Baby-Friendly designated hospital, we champion breastfeeding and bonding from the very beginning.

# **Contact Us**

Book your Labor and Delivery Suite tour! Call **718-869-5815** or email **birth@ehs.org**.

Pregnant moms, pre-register by calling **718-869-7163** or emailing **mommy.baby**@**ehs.org**.

Visit ehs.org/labordelivery for more information.

To schedule an appointment with an obstetrician, call at 718-EHS-DOCS (718-347-3627).

Your birth. Your team. Your moment.