



PERINATAL PATIENT EDUCATION

We want you to be prepared when you go home with your baby.

Please review the resource list below and scan the QR code to review all links before bringing your baby home. If you have any questions, please don't hesitate to reach out to your provider or Doula.

Helpful Resources:

- Vaccines During and After Pregnancy
- Pediatric Vaccination Information (Hepatitis B and DTaP)
- Baby-Friendly USA Resources
- Ready, Set, Baby - Prenatal Guide (English and Spanish)
- Breastfeeding Resources
 - Breastfeeding Mothers Bill of Rights
 - 10 Steps to Successful Breastfeeding (English and Spanish)
 - WIC and CDC Benefits of Breastfeeding
- Risks of Formula Use
- Urgent Maternal Warning Signs
- Additional Resources
 - New York State Hospital Patient Bill of Rights
 - Rooming With Your Healthy Newborn
 - skin-to-skin Contact
 - NYC Standards for Respectful Care at Birth



St. John's Episcopal Hospital is proud to be a designated Baby-Friendly institution

